

CURRICULUM VITAE

NAME: J. THOMAS MILLINGTON, JR.

BUSINESS ADDRESS: *J Thomas Millington, MD A Medical Corporation
Wound Management
2220 Lynn Road, Suite 102
Thousand Oaks, Ca 91360
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Somis, Ca 93066*

CITIZENSHIP: U.S.A.

EDUCATION: *Undergraduate: Dickinson College, Carlisle, Pa. BS. '65
Medical School: Jefferson Medical College of Philadelphia
Philadelphia, Pa MD. 1969
Internship: Harrisburg Polyclinic Hospital, Harrisburg,
Pa. 1969-1970
Residency: Ventura County General Hospital, Ventura,
Ca. Family Practice 1970-1972.
Specialty Training: Hyperbaric and Diving Medicine,
National Oceanographic and Atmospheric Administration,
Key Biscayne, Fla. 1983*

MILITARY SERVICE: *U S Army, Madigan Army Medical Center, Dept of Family
Practice, Ft. Lewis, Wa 1972-1974*

MEDICAL PRACTICE: *1974-1997 Family Practice, Thousand Oaks, Ca
1983 – Present, Wound Treatment & Hyperbaric Medicine*

CERTIFICATIONS:

*American Board of Family Practice: 1972 plus
recertification every 7 years
Fellow, American Academy of Family Physicians
American Academy of Preventative Medicine: Subspecialty
Boards in Hyperbaric Medicine 2001
American College of Hyperbaric Medicine Boards 1990
Diplomate and Certified Wound Specialist, American
Academy of Wound Management. October 1998
Fellow, College of Certified Wound Specialists, 2005*

APPOINTMENTS:

*Wound Management Solo Practice
2220 Lynn Road, Thousand Oaks, Ca 91360 May 2008 to
present
Wound Managemnt
Arroyo Oaks Medical Associates
2230 Lynn Road, Thousand Oaks, Ca 91360 2006-2008
Medical Director of St John's Pleasant Valley Hospital
Wound Treatment and Hyperbaric Medicine Dept, 1993 to
2005.
Medical Staff: St John's Regional Med. Center and St
John's Pleasant Valley Hospital since 1993.
Medical Staff: Los Robles Regional Med. Center since
1974
Medical Staff: Ventura Community Hospital since 2005
Medical Staff: Thousand Oaks Surgical Hospital 2007-
present
Medical Staff: Bakersfield Memorial Hospital Bakersfield,
Ca. 2007 to present
Chief of Family Practice Dept Los Robles Med. Center
1976-77.
Secretary-Treasurer Los Robles Med. Center Staff 1979-80.*

Board of Trustees of Los Robles Med. Center 1990-93.

*Chairman of Board of Trustees Los Robles Med. Center
1992-93.*

Board of Directors: Sub Ocean Safety

Board of Directors: Historical Diving Society

*Board of Advisors, Marine Tech Dept, Santa Barbara City
College, Santa Barbara, Ca*

*Board of Advisors: College of Oceaneering, San Pedro,
Ca*

*Medical Advisor Ventura County Sheriff's Underwater
Search & Rescue Dept 2001 - present*

*Medical Director National Polytechnic College of
Oceaneering Hyperbaric Medicine Tech. Associates in
Science Program 2005 - present.*

*Medical Director Santa Barbara City College Marine Tech
Program. 2004-present*

*Member Diving Board-University of California Santa
Barbara 2004 - present*

PAPERS PUBLISHED:

*Decompression Sickness in the Mosquito Coast. South Pacific
Undersea Medical Society Journal, 1995.*

*Millington J, Norris T. Effective Treatment Strategies for Diabetic
Foot Wound. J Fam Pract 2000; 49(suppl)240-48.*

*Physical Standards for Scuba Divers. Journal of the American
Board of Family Physicians; Sept 1988*

*Triggerfish Bite, an Unusual Marine Hazard. Journal of
Wilderness Medicine; March 1990*

*Marine Microbiology of Rocas Alijos. Journal of Wilderness
Medicine; 1992.*

Schiltz K, Ary K, Satz P, Millington T. Attentional Consequences of Healthy Divers. Pacific Undersea Medical Society Journal, Spring 2001.

Treatment of Diabetic Foot Ulcers. J Home Health Care Consultant; March 1999

A Short History of Decompression Chambers. Historical Diver, Summer, 2000

Millington JT, Ellenzweig, JM. The Management and Treatment of Diabetic Foot Wounds in the Elderly. Journal of Long Term Health Care. Vol 11, No.1, Jan

Millington JT, Ellenzweig, JM, Schiltz, KL. Carbon Monoxide: Identification of Delayed Sequelae and Occult Exposure. Hyperbaric Medicine Today, Spring Issue 2004

Millington, JT, Ellenzweig, JM. The Comprehensive Therapy of Diabetic Foot Ulcers. Comprehensive Therapy. March, 2005

ABSTRACTS:

Gallway, Millington, Van Gorp. Neuropsychological Consequences of Hyperbaric Nitrogen Narcosis. International Undersea and Hyperbaric Medicine Society Meeting, Amsterdam, 1991

Gallway, Millington, Van Gorp. Neuropsychological Consequences of Hyperbaric Nitrogen Narcosis II. European Conference of the International Neuropsychological Society, Australia 1991.

PAPERS GIVEN:

Bugelli, Yim, Malian, Millington. Hyperbaric Oxygen as Adjunctive Therapy for Rattlesnake Envenomation. Southern Medical Assoc Conference, New Orleans 1999

Neuropsychological Aspects of Nitrogen Narcosis. Pacific Chapter, Undersea and Hyperbaric Med Society. San Francisco, 1990

Delayed Treatment of Decompression Sickness Pacific Chapter, Undersea and Hyperbaric Medical Society. Victoria B C. 1988

Cordell Expeditions: Medical Aspects of Research Diving. 1989; Pacific Chapter UHMS Annual Meeting

Neuropsychological Evaluation of Chronic Carbon Monoxide Poisoning: A Valuable Diagnostic Tool. Schiltz & Millington. Undersea and Hyperbaric Medical Society Annual Meeting, 1992.

Lobster Divers of the Mosquito Coast—An Epidemic of Decompression Sickness. Undersea and Hyperbaric Medical Society International Meeting, Halifax, 1992.

The Marine Microbiology of Rocas Alijos. Pacific Coast Chapter Undersea and Hyperbaric Medical Society Annual Meeting 1992

An Epidemic of Decompression Sickness in La Mosquitia: A Modern Day Tragedy. Tech '94; New Orleans 1994.

No-Tech Diving: An Epidemic of Decompression Sickness in the Mosquito Coast. South Pacific Undersea Medical Society Annual Meeting; Maldives, 1996.

Marine Microbiology. Third Annual Diver Rescue Workshop, Oxnard Ca. 1993.

The Multidisciplinary Approach to Carbon Monoxide Poisoning. Millington & Schiltz; Annual Neuropsychology Meeting, Las Vegas, Nev. Oct. 1997.

New Trends in Diabetic Foot Wound Care. Speakers Bureau for Ortho McNeill Pharmaceuticals.

Wound Bed Preparation. Speakers Bureau for Smith Nephews Pharmaceuticals.

Unusual Etiologies of Nonhealing Wounds; Pyoderma Gangrenosum and Calciphylaxis. Presented to Annual Scientific Meeting of West Coast Chapter of Undersea and Hyperbaric Medical Society, Las Vegas, 2001

Autologous Platelet Gel and Hyperbaric Oxygen Therapy. Presented to Annual Scientific Meeting of West Coast Chapter of Undersea and Hyperbaric Medical Society, San Diego, Sept 10 2004.

The Year of the Diabetic Foot. CME presentation to medical staff of Los Robles Medical Center, Thousand Oaks, Ca 14 Oct '05; Ventura Community Memorial Hospital, Ventura, Ca 4 Oct '05; Ventura Count Medical Center, Ventura, Dec '05 Centinela

Freeman Medical Center, Marina del Ray, 11 Nov 05; Kaiser Medical Center Baldwin Park, Baldwin Park, 15 Dec '05, Pacific Alliance Medical Center, Los Angeles, March 2007

New Directions in Wound Care. Citrus Valley Medical Center, Intercommunity Campus, Covina

Diving Medicine 2007/ Simi Valley Medical Center, Simi Valley, June 07

PRESENTATIONS:

Diabetic Foot Wound Care. Presentation given numerous times as a speaker for Organogenesis. Audiences mainly podiatrists and wound care physicians

New Concepts in Lower Extremity Wound Care Presentation given to physicians nurses and podiatrists for Smith Nephew Pharmaceuticals at Sherman Oaks Wound Care Center, 2002 and also Spanish Hills Country Club, 2004

New Trends in Diabetic Foot Wound Care. Many presentations around the country for Ortho McNeil 1998 to present.

Wound Care for Johnson & Johnson's Speaker's Bureau on Regranex, Promogran and Prisma, i.e. Evidence Based Wound Care for Ulcers, Merced Wound Care Center, 11 March 2008, Same lecture Bakersfield Center for Wound Care and Hyperbarics dinner meeting 11 March 2008

Diabetic Foot Wounds. Presentations for Fresno Memorial Hospital's Wound Care & Hyperbaric Dept September 2007 and Bakersfield Community Hospital's Wound Care and Hyperbaric Medicine staff July 2007

HBOT: When Is It Appropriate for Diabetic Foot Ulcers? 18 Feb 2009. Kern County Association of Diabetic Nurse Specialists and Instructors

Los Angeles County Underwater Instructors Course Jan '09 and yearly for past 12 years. Dive Medicine and Decompression Illness Lecture

Current Concepts in Wound Management. Los Robles Medical Center, Thousand Oaks, Sept 2007; Tri-Cities Medical Center Wound Conference for Home Health Nurses and E T Nurses 2 Nov 2007, Wound Care Seminar, Bakersfield Memorial Hospital, March 7, 3008

Hyperbaric Medicine and the Chronic Wound. Hemet Valley Medical Center Wound Care Workshop, 3 November 2007; also presented to Physician's Hospital Wound Care and Hyperbaric Medicine Department, El Paso, Texas, 29 April 2008

Diabetic Foot Ulcer Care. L A County Podiatric Association, 16 Dec 2008

TEACHING

Diving Medicine, Hyperbaric Medicine each semester for Santa Barbara City College Marine Tech Dept from 1995 to present

Hyperbaric Medicine for Polytechnic College of Oceaneering and Engineering Certified Hyperbaric Technician Course every quarter since 2001

Diving Medicine and Near Drowning course for Ventura County Sheriff's Underwater Search & Rescue Team

Hyperbaric Medicine and Chronic Wound Care. Advanced Wound Care Workshop sponsored by Paradigm Medical Management, Palm Springs, May 2007

SOCIETIES:

Undersea and Hyperbaric Medical Society

South Pacific Undersea Medical Society

International Society of Aquatic Medicine

The Wound Healing Society

Association for the Advancement of Wound Care

American Medical Association

California Medical Association

Explorer's Club

*Founding Member and Vice-President: Channel Islands Council
of Divers.*